

FISHING FOR RECIPES

APPLICATION FORM

NAME

SURNAME

DATE OF BIRTH

ADDRESS

CONTACT NUMBER

EMAIL ADDRESS

SCHOOL NAME

LOCALITY

LEGAL GUARDIAN

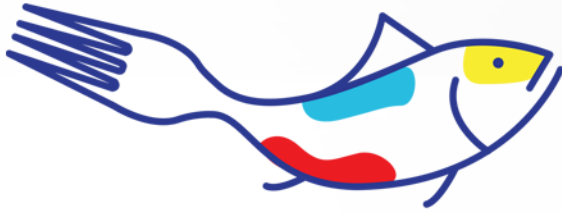
NAME

SURNAME

SIGNATURE

Through the signing of this application, the legal guardian is giving permission to allow uploads of photos submitted by the guardian and/or contestant to the Fishing for Recipes Event page on Facebook.

All recipes will be shared on the Facebook page 'Sajd'



FISHING FOR RECIPES

RULES OF THE COMPETITION

1. This competition aims to further foster culinary appreciation for cooking local fish among children aged between 9 and 15 years.
2. You must fill in this application with your personal details.. These details will remain confidential according to GDPR regulations.
3. Applications will be open from March 11th to April 5th 2024. During this period of time the participants will be asked to formulate their recipe, and cook their dish. Participants must create a recipe using locally caught fish from the list attached below.
4. You must send the photos and recipe to the following email:
fishingforrecipes.mafa@gov.mt
5. Photos must show the:
 - i. Contestant,
 - ii. Ingredients,
 - iii. Cooking process,
 - iv. The finalised dish and the recipe
 - v. A creative name for the chosen dish.
6. The top 10 dishes with the most points, as provided by professional judges appointed by the Ministry, will be selected on the basis of the most creative dishes.
7. These 10 selected students will be invited to cook and present their dish during the Malta Agrifair which will be organized at the MFCC on Saturday 13 April 2024, at the stand of the Malta Culinary Academy.
8. All ten participants will undergo an evaluation based on the taste of the dish, their presentation, and the creativity displayed. They will be given respective scores according to these three themes.
9. The first four students will be awarded prizes corresponding to their ranking, with recognition for first, second, third and fourth place.
10. Each participant will receive a certificate of participation, as they submit their photos and recipe, while the top 10 students will also receive a medal.
11. Adults must supervise the cooking process to ensure that all Health and Safety regulations are safeguarded.



FISHING FOR RECIPES

ĦUT FL-IBĦRA MALTIN
FISH IN MALTESE SEA

MALTESE NAME

ENGLISH NAME

Mazzola	Picked dogfish
Raj tal-fosos	Raja clavata
Morina	Mediterranean Moray
Gringu	Conger
Skorfon	Black Scorpionfish
Vopi	Bogue
Kavalli	Chub Mackerel
Tumbrell	Bullet Tuna
Sawrell	Mediterranean Horse Mackerel
Mulett	Golden Grey Mullet
Ċintorin/Xabla	Silver Scabbardfish
Rebekkin	Longnosed Skate
Xilpa	Salema
Żagħrun	Gulper Shark
Pappagalli	Marzpan Parrotfish
Kubrit	Little Tunny
Kaħli	Saddled Seabream
Gattarell	Small Spotted Catshark
Arznella	Picarel
Iż-żondu	Stargazer
Petrica	Angler
Lingwata	Common Sole
Ħmar	Grey Triggerfish
Lizz	European Barracuda
Plamtu	Atlantic Bonito